

Curriculum Vitae
Pınar Ünal-Aydın, Asst. Prof. Dr., MD.



International University of Sarajevo
Faculty of Arts and Social Sciences
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A. Name-Surname : Pınar ÜNAL-AYDIN
B. Date of Birth : 11 July 1982
C. Citizenship : Turkey

D. Research Interests
Psychotherapy
: Metacognition
Social cognition
Neurocognition
Endophenotypes
Mental Rehabilitation

E. Education:

Degree	Division	School/University	Year
Specialist Dr.	Faculty of Medicine (Psychiatry)	Celal Bayar University, Manisa	2007-2012
Medical Dr.	Faculty of Medicine	Pamukkale University, Denizli	2000-2006

F. Employment

Degree	Division	University/Location	Year
Medical Doctor	Faculty of Medicine	Pamukkale University	2006-2007
Resident	Faculty of Medicine/Psychiatry Department	Celal Bayar University, Manisa	2007-2012
Specialist Doctor	Psychiatry	Ağrı State Hospital, Turkey	2012-2013
	Psychiatry	Manisa Mental Health State Hospital, Turkey	2013-2015
	Mental Health Research and Training Hospital	Izzet Baysal University, Bolu, Turkey	2015-2016
Asst. Prof. Dr.	Faculty of Arts and Science/Psychology Department	T.C. İstanbul Haliç University	2016-2017
Psychiatry specialist	Private Practice	Boluterapi	2016-2017
Asst. Prof. Dr.	Faculty of Arts and Science/Psychology Department	International University of Sarajevo	2018-

G. Thesis

G.1. Specialist Doctor Thesis

The factors related with internalized stigmatization among patients with major depressive disorder

Advisor: Assoc. Prof. Dr. Emin Oryal Taşkın

H. Publications

H.1. Articles in International Refreed Journals

H.1.1. Aydın, O., Çökmüş, F.P., Balıkçı K., Ünal Aydın P., Esen Danacı A. (2018) The effects of caregivers' social anxiety, aggression and attachment style on the severity of schizophrenia. *Anatolian Psychiatry Journal*. doi: 10.5455/apd.276919 (SCI-E)

H.1.2. Aydın O., & Ünal Aydın P. (2017) Decrease in serum prolactin levels after long-acting injectable aripiprazole treatment: a case report. *Journal of Mood Disorders*;7(4):234-6. (ESCI)

H.1.3. Aydın O., Balıkçı K., Taş C., Ünal Aydın P., Çökmüş F. P., & Esen Danacı A. (2017) The comparison of executive functions, social cognition and plasma oxytocin level between mothers' of schizophrenia patients and healthy control: Searching for a new endophenotype. *Anatolian Journal of Psychiatry*, 18(4): 307-313, doi: 10.5455/apd.248170. (SCI-E)

H.1.4. Aydın, O., & Ünal Aydın, P. (2017). Long acting injectable aripirazole induced akathisia. *Bulletin of Clinical Psychopharmacology*. Volume:27, Issue:4, 429-430. (SCI-E)

H.1.5. Aydın O., & Ünal Aydın P. (2017) Vortioxetin induced nausea and its management. *Bulletin of Clinical Psychopharmacology*, 27(3):331. doi:10.1080/24750573.2017.1338823. (SCI-E)

H.1.6. Aydın O., & Ünal Aydın P. (2017) The vortioxetine treatment for Major Depressive Disorder with the comorbidity of Irritable Bowel Syndrome-Diarrhea: a case report. *Bulletin of Clinical Psychopharmacology* 10.1080/24750573.2017.1387403.

H.1.7. Aydın, O., Aydın, P. (2016). Oxybutynin induced psychosis. *Anatolian Journal of Psychiatry*, 17(4), 333-333. (SCI-E)

H.1.8. Aydın, O., Balıkcı, K., Tas, C., Aydın, P.U., Danacı, A. E., Brüne, M., Lysaker, P. H. (2016) The developmental origins of metacognitive deficits in schizophrenia. *Psychiatry Research*, 245, 15-21. (SCI)

H.2. International Conference Short Communications Published in the Proceedings

H.2.1. Orkun Aydın, Kuzeymen Balıkcı, Pınar Ünal Aydın, Cumhuriyet Taş, Deniz Torun, Hakan Kayır, Ayşen Esen Danacı. The mRNA levels of arginine decarboxylase and agmatinase in chronic schizophrenia patients and their healthy siblings: comparison with healthy controls. 9th International Congress on Psychopharmacology & 5th International Symposium on Child and Adolescent Psychopharmacology, Psychiatry and Clinical Psychopharmacology, 27:sup1, 1-46, DOI: 10.1080/24750573.2017.1308706

H.2.2. Kuzeymen Balıkcı, Orkun Aydın, Pınar Ünal Aydın, Cumhuriyet Taş, Deniz Torun, Hakan Kayır, Ayşen Esen Danacı. The mRNA levels of nestin in chronic schizophrenia patients and their healthy siblings: comparison with healthy controls. 9th International Congress on Psychopharmacology & 5th International Symposium on Child and Adolescent Psychopharmacology, Psychiatry and Clinical Psychopharmacology, 27:sup1, 1-46, DOI: 10.1080/24750573.2017.1308706

H.3. National Conference Short Communications Published in the Proceedings

H.3.1. Şizofreni hastaları ve hasta olmayan birinci derece akrabalarında mitokondrial DNA polimorfizmlerinin incelenmesi. (The search for mitochondrial DNA polymorphism in schizophrenia patients and their healthy first degree relatives.) Orkun Aydın, Kuzeymen Balıkcı, Pınar Ünal Aydın, Cumhuriyet Taş, Fikret Poyraz Çökmüş, Aylin Köşeler, Ayşen Esen Danacı. Turkish Psychiatric Association 21st Annual Meeting and Symposium of Clinical Education 2017, Antalya.

H.4. Invited/Attended Conferences, Symposiums, and Workshops

H.4.1. Lundbeck Anxiety Institute 2008, Bodrum

H.4.2. Lundbeck Depression Institute 2012, İstanbul

H.4.3. 7th National Congress of Biological Psychiatry 2009, Edirne

H.4.4. Turkish Psychiatric Association 16th Annual Meeting and Symposium of Clinical Education 2012, Antalya

H.4.5. 5th International Congress on Psychopharmacology & 2nd International Symposium on Child and Adolescent Psychopharmacology 2013, Antalya

H.4.6. Lundbeck Anxiety Institute 2013, Antalya

H.4.7. 6th International Congress on Psychopharmacology & 3rd International Symposium on Child and Adolescent Psychopharmacology 2014, Antalya

H.4.8. 6th National Congress of Anxiety 2014, Cyprus

H.4.9. Turkish Psychiatric Association 51st National Psychiatry Congress 2015, Antalya

H.4.10. 8. National Congress of Anxiety and 1st Psychiatry Summit 2016, Antalya

H.4.11. Turkish Psychiatric Association 20th Annual Meeting and Symposium of Clinical Education 2016, İzmir

H.4.12. American Psychiatric Association Annual Meeting 2016, Atlanta

H.4.13. Turkish Psychiatric Association 52nd National Psychiatry Congress 2017, Antalya

H.4.14. 9th International Congress on Psychopharmacology & 5th International Symposium on Child and Adolescent Psychopharmacology (9. UPK & 5. UÇEPS) 2017, Antalya

H.4.15. Turkish Psychiatric Association 21st Annual Meeting and Symposium of Clinical Education 2017, Antalya

H.5. Scholarly Work in Progress

H.5.1. Aydın O., Unal Aydın P. (2018). The comparison of agmatinase and arginine decarboxylase mRNA levels between schizophrenia patients-family and healthy controls

I. Projects

I.1. 1. A Phase IV multi-center, randomized, 26 week, parallel controlled study to evaluate efficacy of Long Acting Injectable Aripiprazole. Şizofreni Hastalarında Uzun Etkili Enjektabl Aripiprazol Faz-4 Çalışması, 26 hafta, randomize kontrollü bir çalışma. **Asst. Prof. Dr. Pınar Unal-Aydın** (Co-Researcher). Bolu İzzet Baysal University Mental Health Research and Training Hospital, 2017-.

I.1. 4. The investigation of alpha-7 nicotinic receptor gene polymorphism in schizophrenia family. Orkun Aydın, **Pınar Ünal-Aydın** Kuzeymen Balıkçı, Ayşen Esen Danacı, Aylin Köseleler. Celal Bayar University Psychiatry Department, Manisa (2016-)

J. Consulting Service

J.1. Private Practice Clinic in Bolu/Turkey 2016-2017

K. Professional Service

K.1. Faculty Board:

Representative of the Asst. Prof.s at the Faculty Board (2016-2017)

L. Memberships

L.1. Türk Tabipleri Birliği-Bolu Tabip Odası (Turkish Medical Doctors Association)

L.2. Türkiye Psikiyatri Derneği (Turkish Psychiatric Association)

L.3. Türkiye Psikiyatri Derneği Bolu Şubesi-(Turkish Psychiatric Association- Bolu Office) General Secretary (2016-)

L.4. EMDR Derneği (EMDR Association)

M. Computer Skills

M.1. SPSS (Statistical Package for the Social Sciences)

M.2. Microsoft Office

N. Language Skills

N.1. Foreign language exam prepared by Turkish Council of Higher Education-YOK-DİL): 91.25 (overall score)-ENGLISH

N.2. El idioma del Espanol course prepared by Dokuz Eylül University Continuous Education Center-A2 level certificate

O. Psychotherapy Skills and Certificates

O.1. Newborn Resuscitation Training, 2004, Denizli

O.2. Baby-friendly Educational Programme, 2004, Denizli

O.3. Basic Residency Training, 2008, Antalya

O.4. Turkish Psychiatric Association The training programme for specialist doctors in psychiatry 2014, İstanbul

O.5. Schema Therapy: Education of the Models and Techniques, MD. H. Alp Karaosmanoğlu (40 hours-certificate) 2014, İstanbul

O.6. Cognitive and Behavioural Therapy: Theoretical Education Prof. MD. Hakan Türkçapar (42 hours-certificate) 2012-2013, Ankara

O.7. EMDR (Eye Movement Desensitization and Reprocessing) Therapy-Davranış Bilimleri Enstitüsü, 2017, İstanbul

O.8. Acceptance and Commitment Therapy- MD Fatih Yavuz 2013, Antalya

O.9. Working Security and Health Education 2015, Manisa

O.10. CISED- Sexuality and Sexual Disorders Basic Education 1st and 2nd modules. 2014-2015, Manisa (In supervision level)

O.11. The Family and Couple Relation Therapy, 2015, İzmir

P. Administrative Duty

P.1. Haliç University Department of Psychology, Co-Head of Department(2016-2017)

R. Teaching Experience

Academic year	Lesson Subject	Hour per week	Credit	Student attendance
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2016-2017 Spring	Psychopathology(Under-Graduate)	3	7	137
	Cognitive Behavioural Therapy(Graduate)	3	3	18
	Cognitive Behavioural Therapy-Special Issues(Graduate)	3	3	4
	Advanced Psychopathology(Graduate)	3	3	7

S. Thesis Advisor

S.1. The examination of the relationship between styles of overcoming the stress and self-respect for obesity diagnosed individuals. Haliç University, Arts and Sciences Faculty, Department of Psychology, 2017. (Graduate thesis-Clinical Psychology)

S.2. The examination of the relationship between anxiety and aggression level of secondary school students. Haliç University, Arts and Sciences Faculty, Department of Psychology, 2017. (Graduate thesis-Clinical Psychology)

S.3. Analyzing the relation between attachment styles and emotional expression of the university students. Haliç University, Arts and Sciences Faculty, Department of Psychology, 2017. (Graduate thesis-Clinical Psychology)

S.4. Investigation of the relationship between sexual dysfunction and attachment styles in married couples. Haliç University, Arts and Sciences Faculty, Department of Psychology, 2017. (Graduate thesis-Clinical Psychology)

T.9. National Symposiums

T.9.1. Şizofrenide endofenotipler. (The endophenotypes in schizophrenia.)-Panelist-Speaker Turkish Psychiatric Association 53rd National Psychiatry Congress 2017, Bursa.

